

NEXT LEVEL HITTING

BASEBALL WORKSHOP

See how the best players in the world improve their performance!

December 15th, 2019

with **Tony Abbatine**

Frozen Ropes Founder

The MLB Consultant will be leading the workshop with emphasis on:

- Improving Strike Zone Awareness
- Visual Strategies; the best in the game
- Teaching Mental Skills one player at a time
- What the best hitters in the world have in common
- Coaching "Generation I"

Baseball Players

High School Coaches

Travel Team Coaches

Parents

6:00pm-8:00pm

\$75 for all attendees

Please register by phone or online.



Training Over Trophies

Other Teams We've Helped!



www.frozenropes.com

FROZEN ROPES MCKINNEY

6161 CR. 124

McKinney, TX 75071

972-548-8940

ndallas@frozenropes.com