



COLLEGE SOFTBALL NETWORK Player Profile

NAME: Lauren Shambo

Class Year: 2019

Hometown: Lake Katrine, NY

HS/Travel Team: Kingston HS/Frozen Ropes Force Black

Height: 5'5" Weight: 160 Age: 15

Position(s): 3B/P

B/T: R/R GPA: _____ SAT: _____

Phone Number: 845-901-4978

Email : renshambo@yahoo.com

PLAYER DESCRIPTION:

Good rhythm and flow, fearless fielder.

FRCSN Prospect Rating 3.5

FRCBN Rating Scale:

- 5 – National College Prospect
- 4 – Regional College Prospect
- 3 – College Level Prospect
- 2 – Participant at the College Level
- 1 – Non-Participant at the College Level

MEASURABLES

Home to 1st Time: 5.3

Velocity Across IF: 56

Velocity from OF: _____

Pitch Velocity: 56-58

Catcher Pop Time: _____

PLAYER DEVELOPMENT RECOMMENDATIONS:

Date of Report: _____ Evaluated By/Reference: _____