

**Fall 2019 Baseball Schedule of Events**

| Born to Play Class (ages 3-4) | | An activity class designed to introduce children to athletic movement, supervised exercise and baseball. | |
|--|-------------------|--|---------------|
| 4 Week Session - \$100/\$90* | | Session times | Session dates |
| Session # 1 - Saturdays | 9:00am - 9:50am | Sep. 7, 14, 21, 28 | |
| Session # 2 - Sundays | 9:00am - 9:50am | Sep. 8, 15, 22, 29 | |
| Session # 3 - Saturdays | 9:00am - 9:50am | Oct. 5, 12, 19, 26 | |
| Session # 4 - Sundays | 9:00am - 9:50am | Oct. 6, 13, 20, 27 | |
| Session # 5 - Saturdays | 9:00am - 9:50am | Nov. 2, 9, 16, 23 | |
| Session # 6 - Sundays | 9:00am - 9:50am | Nov. 3, 10, 17, 24 | |
| Rookie Class (ages 5-6) | | Introductory baseball class focusing on the Fundamentals and the Big Three: Hitting, Fielding and Throwing. | |
| 4 Week Session - \$115/\$103* | | Session times | Session dates |
| Session # 1 - Tuesdays | 4:00pm - 5:00pm | Sep. 10, 17, 24, Oct. 1 | |
| Session # 2 - Wednesdays | 4:00pm - 5:00pm | Sep. 4, 11, 18, 25 | |
| Session # 3 - Thursdays | 4:00pm - 5:00pm | Sep. 5, 12, 19, 26 | |
| Session # 4 - Saturdays | 10:00am - 11:00am | Sep. 7, 14, 21, 28 | |
| Session # 5 - Sundays | 10:00am - 11:00am | Sep. 8, 15, 22, 29 | |
| Session # 6 - Tuesdays | 4:00pm - 5:00pm | Oct. 8, 15, 22, 29 | |
| Session # 7 - Wednesdays | 4:00pm - 5:00pm | Oct. 2, 9, 16, 23 | |
| Session # 8 - Thursdays | 4:00pm - 5:00pm | Oct. 3, 10, 17, 24 | |
| Session # 9 - Saturdays | 10:00am - 11:00am | Oct. 5, 12, 19, 26 | |
| Session # 10 - Sundays | 10:00am - 11:00am | Oct. 6, 13, 20, 27 | |
| Session # 11 - Tuesdays | 4:00pm - 5:00pm | Nov. 5, 12, 19, 26 | |
| Session # 12 - Wednesdays | 4:00pm - 5:00pm | Oct. 30, Nov. 6, 13, 20 | |
| Session # 13 - Thursdays | 4:00pm - 5:00pm | Nov. 7, 14, 21, Dec. 5 | |
| Session # 14 - Saturdays | 10:00am - 11:00am | Nov. 2, 9, 16, 23 | |
| Session # 15 - Sundays | 10:00am - 11:00am | Nov. 3, 10, 17, 24 | |
| After School Academy (ages 7-9) | | Instructional baseball class focusing on the Fundamentals & the Big Three: Hitting, Fielding and Throwing | |
| 4 Week Session - \$115/\$103* | | Session times | Session dates |
| Session # 1 - Mondays | 5:00pm - 6:00pm | Sep. 9, 16, 23, 30 | |
| Session # 2 - Saturdays | 11:00am - 12:00pm | Sep. 7, 14, 21, 28 | |
| Session # 3 - Mondays | 5:00pm - 6:00pm | Oct. 7, 14, 21, 28 | |
| Session # 4 - Saturdays | 11:00am - 12:00pm | Oct. 5, 12, 19, 26 | |
| Session # 5 - Mondays | 5:00pm - 6:00pm | Nov. 4, 11, 18, 25 | |
| Session # 6 - Saturdays | 11:00am - 12:00pm | Nov. 2, 9, 16, 23 | |
| Scope and Rope Hitting Class (ages 7-9) | | Baseball hitting class to improve the fundamentals of the swing and increase bat speed and power. | |
| 4 Week Session - \$115/\$103* | | Session times | Session dates |
| Session # 1 - Tuesdays | 5:00pm - 6:00pm | Sep. 10, 17, 24, Oct. 1 | |
| Session # 2 - Wednesdays | 5:00pm - 6:00pm | Sep. 4, 11, 18, 25 | |
| Session # 3 - Sundays | 1:00pm - 2:00pm | Sep. 8, 15, 22, 29 | |
| Session # 4 - Tuesdays | 5:00pm - 6:00pm | Oct. 8, 15, 22, 29 | |
| Session # 5 - Wednesdays | 5:00pm - 6:00pm | Oct. 2, 9, 16, 23 | |
| Session # 6 - Sundays | 1:00pm - 2:00pm | Oct. 6, 13, 20, 27 | |
| Session # 7 - Tuesdays | 5:00pm - 6:00pm | Nov. 5, 12, 19, 26 | |
| Session # 8 - Wednesdays | 5:00pm - 6:00pm | Oct. 30, Nov. 6, 13, 20 | |
| Session # 9 - Sundays | 1:00pm - 2:00pm | Nov. 3, 10, 17, 24 | |
| Pitching Class (ages 8-12) | | Baseball Pitching Class to improve mechanics, velocity & prepare for game situations. Led by experienced pitchers. | |
| 4 Week Session - \$115/\$103* | | Session times | Session dates |
| Session # 1 - Mondays | 5:00pm - 6:00pm | Sep. 9, 16, 23, 30 | |
| Session # 2 - Saturdays | 1:00pm - 2:00pm | Sep. 7, 14, 21, 28 | |
| Session # 3 - Mondays | 5:00pm - 6:00pm | Oct. 7, 14, 21, 28 | |
| Session # 4 - Saturdays | 1:00pm - 2:00pm | Oct. 5, 12, 19, 26 | |
| Session # 5 - Mondays | 5:00pm - 6:00pm | Nov. 4, 11, 18, 25 | |
| Session # 6 - Saturdays | 1:00pm - 2:00pm | Nov. 2, 9, 16, 23 | |
| Catching Class (ages 8-13) | | Instructional class focusing on the Fundamentals of Catching including receiving, blocking and throwing. | |
| 4 Week Session - \$115/\$103* | | Session times | Session dates |
| Session # 1 - Mondays | 6:00pm - 7:00pm | Sep. 9, 16, 23, 30 | |
| Session # 2 - Mondays | 6:00pm - 7:00pm | Oct. 7, 14, 21, 28 | |
| Session # 3 - Mondays | 6:00pm - 7:00pm | Nov. 4, 11, 18, 25 | |



Fall 2019 Baseball Schedule of Events

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|--|-----------------|---|--|
| After School Academy (ages 10-13) | | | Instructional baseball class focusing on the Fundamentals & the Big Three: Hitting, Fielding and Throwing |
| 4 Week Session - \$115/\$103* | Session times | Session dates | |
| Session # 1 - Mondays | 6:00pm - 7:00pm | Sep. 9, 16, 23, 30 | |
| Session # 2 - Thursdays | 5:00pm - 6:00pm | Sep. 5, 12, 19, 26 | |
| Session # 3 - Mondays | 6:00pm - 7:00pm | Oct. 7, 14, 21, 28 | |
| Session # 4 - Thursdays | 5:00pm - 6:00pm | Oct. 3, 10, 17, 24 | |
| Session # 5 - Mondays | 6:00pm - 7:00pm | Nov. 4, 11, 18, 25 | |
| Session # 6 - Thursdays | 5:00pm - 6:00pm | Nov. 7, 14, 21, Dec. 5 | |
| Scope and Rope Hitting Class (ages 10-13) | | | Baseball hitting class to improve the fundamentals of the swing and increase bat speed and power. |
| 4 Week Session - \$115/\$103* | Session times | Session dates | |
| Session # 1 - Wednesdays | 6:00pm - 7:00pm | Sep. 4, 11, 18, 25 | |
| Session # 2 - Fridays | 5:00pm - 6:00pm | Sep. 6, 13, 20, 27 | |
| Session # 3 - Wednesdays | 6:00pm - 7:00pm | Oct. 2, 9, 16, 23 | |
| Session # 4 - Fridays | 5:00pm - 6:00pm | Oct. 4, 11, 18, 25 | |
| Session # 5 - Wednesdays | 6:00pm - 7:00pm | Oct. 30, Nov. 6, 13, 20 | |
| Session # 6 - Fridays | 5:00pm - 6:00pm | Nov. 1, 8, 15, 22 | |
| Pitching Class (ages 12+) | | | Baseball Pitching Class to improve mechanics, velocity & prepare for game situations. Led by experienced pitchers. |
| 4 Week Session - \$115/\$103* | Session times | Session dates | |
| Session # 1 - Tuesdays | 7:00pm - 8:00pm | Sep. 10, 17, 24, Oct. 1 | |
| Session # 2 - Fridays | 7:00pm - 8:00pm | Sep. 6, 13, 20, 27 | |
| Session # 3 - Tuesdays | 7:00pm - 8:00pm | Oct. 8, 15, 22, 29 | |
| Session # 4 - Fridays | 7:00pm - 8:00pm | Oct. 4, 11, 18, 25 | |
| Session # 5 - Tuesdays | 7:00pm - 8:00pm | Nov. 5, 12, 19, 26 | |
| Session # 6 - Fridays | 7:00pm - 8:00pm | Nov. 1, 8, 15, 22 | |
| High School & Middle School Training Program | | | Advanced training for high school players focusing on Baseball & speed and agility. |
| \$45 per class; 4 Pack - \$175/\$157* | Session times | Session dates | |
| Session - Mondays | 7:00pm - 9:00pm | Sep. 9, 16, 23, 30, Oct. 7, 14, 21, 28, Nov. 4, 11, 18, 25 | |
| Session - Saturdays | 2:00pm - 4:00pm | Sep. 7, 14, 21, 28, Oct. 5, 12, 19, 26, Nov. 2, 9, 16, 23, 30 | |
| Intensive Skills Clinics with Danny Zeffiro | | | Hitting and Pitching Skill Specific Training Session led by Danny Zeffiro. |
| 60 Minute Sessions: \$35 per session - Hitting Sessions for Baseball and Softball, Pitching Sessions for Baseball | | | |
| Baseball Pitching | 2:00pm - 3:00pm | Saturday, September 7th | |
| Baseball Pitching | 2:00pm - 3:00pm | Saturday, October 26th | |
| Hitting | 2:00pm - 3:00pm | Saturday, November 16th | |
| Speed and Agility (ages 10+) | | | Speed and Agility Class intended to increase flexibility and functional strength. |
| 4 Week Session - \$115/\$103* | Session times | Session dates | |
| Session # 1 - Mondays | 8:00pm - 9:00pm | Sep. 9, 16, 23, 30 | |
| Session # 2 - Tuesdays | 8:00pm - 9:00pm | Sep. 10, 17, 24, Oct. 1 | |
| Session # 3 - Saturdays | 3:00pm - 4:00pm | Sep. 7, 14, 21, 28 | |
| Session # 4 - Sundays | 3:00pm - 4:00pm | Sep. 8, 15, 22, 29 | |
| Session # 5 - Mondays | 8:00pm - 9:00pm | Oct. 7, 14, 21, 28 | |
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| Session # 9 - Mondays | 8:00pm - 9:00pm | Nov. 4, 11, 18, 25 | |
| Session # 10 - Tuesdays | 8:00pm - 9:00pm | Nov. 5, 12, 19, 26 | |
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| Session # 12 - Sundays | 3:00pm - 4:00pm | Nov. 3, 10, 17, 24 | |
| Baseball Skills Clinic - Intensive Skills Training | | | 90 Minute Skills Clinic with a Specific Training Area of Focus taught by our professional instructors |
| 90 Minute Clinics offered throughout the Fall - \$30 per player - Open to All Ages - Players Grouped by Age | | | |
| Saturday, September 21st | 3:00pm - 4:30pm | Hitting Session | |
| Saturday, October 19th | 3:00pm - 4:30pm | Hitting Session | |
| Saturday, November 2nd | 3:00pm - 4:30pm | Baseball Fielding and Throwing | |
| Columbus Day Camp | | | Baseball & Softball Day Camp - Training in a fun & learning enviroment. Full Day and Half Day options available. |
| Full Day: \$65/\$58* Half Day: \$35/\$31* | | | |
| Monday, October 14th | | Half Day : 9:00 - 12:00 or 12:30 - 3:30 | Full Day : 9:00 - 3:30 |
| Teachers' Convention Day Camp | | | Baseball & Softball Day Camp - Training in a fun & learning enviroment. Full Day and Half Day options available. |
| Full Day: \$65/\$58* Half Day: \$35/\$31* | | | |
| Thursday & Friday, November 7th & 8th | | Half Day : 9:00 - 12:00 or 12:30 - 3:30 | Full Day : 9:00 - 3:30 |
| Thanksgiving Friday Day Camp | | | Baseball & Softball Day Camp - Training in a fun & learning enviroment. Full Day and Half Day options available. |
| Full Day: \$65/\$58* Half Day: \$35/\$31* | | | |
| Friday, November 29th | | Half Day : 9:00 - 12:00 or 12:30 - 3:30 | Full Day : 9:00 - 3:30 |