

FALL I 2019 CLASS SCHEDULE



165 Eileen Way
Syosset, NY 11791
516-364-ROPE (7673)
www.frozenropes.com/syosset
email: syosset@frozenropes.com

BASEBALL/SOFTBALL CO-ED CLASSES

(limit 8 per class)

These classes focus on teaching age-specific skills in baseball and softball.

Emphasis is put on hitting, throwing, and fielding, along with game situations.

From beginners to advanced players, each academy level hones and develops their overall skills.

*****NO CLASS Monday, Sept 30 or Oct 14*****

*****NO CLASS Wednesday, Oct 9*****

Junior Academy: Ages 5 - 6

WEDNESDAY: 4:30pm - 5:30pm from Sept 4 - Oct 30 (8 Weeks) - \$240

SATURDAY: 10:00am - 11:00am from Sept 7 - Oct 26 (8 Weeks) - \$240

SUNDAY: 10:00am - 11:00am from Sept 8 - Oct 27 (8 Weeks) - \$240

Senior Academy: Ages 7 - 9

MONDAY: 5pm - 6pm from Sept 9 - Oct 28 (6 Weeks) - \$180

WEDNESDAY: 5:30pm - 6:30pm from Sept 4 - Oct 30 (8 Weeks) - \$240

SATURDAY: 11:00am - 12:00pm from Sept 7 - Oct 26 (8 Weeks) - \$240

SUNDAY: 11:00am - 12:00pm from Sept 8 - Oct 27 (8 Weeks) - \$240

All Skills Academy: Ages 10 - 12

WEDNESDAY: 6:30pm - 7:30pm from Sept 4 - Oct 30 (8 Weeks) - \$240

SUNDAY: 12:00pm - 1:00pm from Sept 8 - Oct 27 (8 Weeks) - \$240

ADVANCED BASEBALL CLASSES

These classes will focus on form and technique
with an emphasis on the mental approach to the game.

“Art of Hitting”: Ages 11 - 16

(limit 4 per class)

SATURDAY: 1:00 - 2:00pm

Oct 19 - Nov 23 (6 Weeks) - \$300

TUESDAY: 6pm - 7pm

Oct 15 - Nov 19 (6 Weeks) - \$300

“Pitching 101”: Ages 8 - 11

(limit 5 per class)

TUESDAY: 5pm - 6pm

Oct 15 - Nov 19 (6 Weeks) - \$240

CREATE-A-CLASS

(4 players minimum, 8 maximum)

None of these times work for you?

Create a class tailored to your player's skill level and needs.

You choose the time and day!

the **NEW** FROZEN ROPES™ at



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FALL HOLIDAY CAMPS!

COED Ages 6-11

Rosh Hashana: Sept 30 & Oct 1 (Mon & Tue)

Yom Kippur: Oct 9 (Wed)

Columbus Day: Oct 14 (Mon)

Election Day: Nov 5 (Tue)

Veterans Day: Nov 11 (Mon)

Black Friday: Nov 29 (Fri)

DAILY SCHEDULE

Half Day AM: 9:00am - 12:00pm \$40

Half Day PM: 12:30pm - 3:30pm \$40

Full Day: 9:00am - 3:30pm (lunch included) \$75

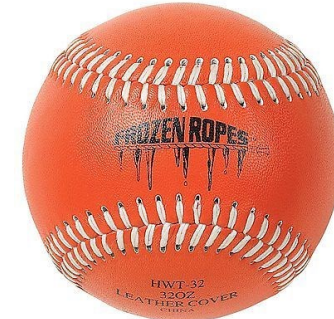
Early drop off at 8:30am \$ 5

Late Pickup at 1:00pm or 4:30pm \$10

(Half Day AM Late Pickup includes lunch)

Snacks will be provided for all campers

Boys and girls will have the opportunity to work on their diamond skills and have fun playing various other sports as well!



ASK ABOUT

Private Lessons

Semi-Private Lessons

Cage Rentals

Memberships

Class Policies

- One makeup is allowed on another scheduled day DURING the FALL I Session.
 - We require advanced notice.
- **REFUND/CANCELLATION** - Refunds will only be made for medical reasons with a doctor's note and issued in the form of account credit.