



Frozen Ropes Summer Program Information Packet

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Summer Program Frequently Asked Questions

Q: What should the players bring?

A: For all programs, players should bring snacks, drinks and lunch (for full day camps).

For outdoor Baseball and Softball programs, players should also bring their glove, bat (optional), batting gloves (optional), helmet (optional), hat, sunscreen if needed. Sunglasses, cleats, protective cups, baseball or softball pants are a few additional pieces of equipment that should be considered.

All personal items should be clearly marked with the player's name.

Q: What should the players wear?

A: Most players wear shorts and t-shirts. Uniforms and baseball or softball pants are optional but not required.

Q: Is lunch served?

A: No, all players in the full-day program must bring their lunch each day as well as snacks. Players in the half-day program should bring snacks.

Q: What is a typical day like?

A: The agenda will change throughout the week but players will participate in many activities throughout the day. Players are divided into groups by age and skill level for all stations and games. Lunch is usually at noon and players will be given snack and water breaks throughout the day. For outdoor baseball and softball programs there will be many stations and drills along with controlled scrimmages.

Q: What is the staff/player ratio?

A: The maximum ratio will be 1 staff for 10 players but is often lower.

Q: Can parents stay and watch?

A: Parents are more than welcome and encouraged to observe the activities from a distance at our outdoor programs.

Q: Are background checks performed on the Frozen Ropes staff and are they CPR/First Aid certified?

A: Yes, background checks are performed on all staff. Senior staff at each location is first aid and CPR certified. Also, many of the other staff are certified. First aid kits are available and the staff have mobile phones in the event of an emergency. Parents have a right to review background checks, health care, discipline policies and grievance procedures upon request.

Q: Will the Frozen Ropes staff apply sunscreen?

A: No they will not. Sunscreen should be applied to players before arriving.

Q. Do you have Policies and Procedures?

A: Yes, Frozen Ropes has many policies and procedures and meets all state and local requirements per Mass Board of Health document 105 CMR 430. You have the right to review our policies at any time.

Q: Does Frozen Ropes have insurance?

A: Yes, we are fully insured for activity within our indoor Training Center as well as activity at off-site locations. Insurance certificates are filed with the town.

Q: For outdoor programs, what if it rains?

A: There are 2 scenarios:

1. Full Day Washout - if it rains overnight and looks like it will be a washout the next day or the fields are unusable, we will make a decision by 7AM. Please check out website www.frozenropes.com/natick for notices and look for an email sent to the email address that was used for registration. Be sure that you have subscribed to emails from within your Frozen Ropes account and also check Junk mail folders. If you do not receive an email or see a cancellation notice on our website then assume our program is running at the defined location. If the outdoor program has been canceled, there will also be details regarding the possibility of holding the program at our indoor facility in Natick. This will depend on the total number of registrations for all of our programs that week. Registration is required to participate in the indoor program. If we can not accommodate every player indoors due to capacity limits, we will issue a pass good towards a future camp.

2. Partial Day Rain - if it rains while the players are outdoors, all players will take cover and our staff will wait for the rain to stop. If the fields become unplayable, all parents and guardians will be contacted to pick the players up. NO PLAYERS will be left unattended! Staff will stay on site until all players have been picked up.

Summer Program Forms (outdoor programs only)

In order for your child to participate in any of our **Outdoor Summer Programs** we will need the Summer Program forms completed **at least 1 week before the program starts**. These forms are available online.

[Click here to complete the forms and upload necessary files:](#)

1. Health Interview Form
2. Permission to Treat Form
3. Authorized Pickup List (optional)
4. Upload a copy of your child's Immunization records from their most recent doctor visit

If you have any questions please feel free to give us a call at 508-653-7673.