# **Baseball/Softball Schedule of Events 2022**

# **FROZEN** $\Diamond$ **ROPES**

# FALL 1: SEPTEMBER – OCTOBER \*\*ASK ABOUT BEING A MEMBER\*\*

# ALL SKILLS ACADEMY \*Denot

\*Denotes Member Pricing

**BASEBALL & SOFTBALL** 

Our Academy classes will develop the next generation of baseball and softball players. Throwing, Fielding, and Hitting are the main topics. COED

Juniors (Ages 5-7)

4 weeks Thursdays September 8- September 29 6:00pm - 7:00pm \$111.60\*/\$124

4 weeks Thursdays October 6 - October 27 6:00pm - 7:00pm \$111.60\*/\$124

4 weeks Sundays October 9- October 30 11:00am - 12:00pm \$111.60\*/\$124

Seniors (Ages 8-10)

4 weeks Thursdays September 8- September 29 7:00pm - 8:00pm \$111.60\*/\$124

4 weeks Thursdays October 6 - October 27 7:00pm - 8:00pm \$111.60\*/\$124

4 weeks Sundays October 9- October 30 12:00pm - 1:00pm \$111.60\*/\$124

#### Hitting

**TOTAL PERFORMANCE HITTING (Ages 9-12)** 

This 60 minute class will cover all aspects of hitting, with emphasis on the set up, timing and pitch selection 4 weeks Wednesdays September 7- September 28 6:00pm – 7:00pm \$111.60\*/\$124

4 weeks Wednesdays October 5- October 26 6:00pm - 7:00pm \$111.60\*/\$124

**TOTAL PERFORMANCE HITTING (Ages 13-15)** 

This 60 minute class will cover all aspects of hitting, with emphasis on the set up, timing and pitch selection

4 weeks Mondays September 12- October 3 6:00pm - 7:00pm \$111.60\*/\$124

4 weeks Mondays October 10- October 31 6:00pm - 7:00pm \$111.60\*/\$124

### Pitching - Baseball

**BASEBALL PITCHING BOOT CAMP (Ages 7-12)** 

All aspects of building a pitching delivery

4 weeks Mondays September 12- October 3 6:00pm - 7:00pm \$111.60\*/\$124

4 weeks Mondays October 10- October 31 6:00pm - 7:00pm \$111.60\*/\$124

MIKE BERTOTTI BASEBALL PITCHING SPL'S (Ages 13+)

Our SPL's (Semi Private Lessons) allow our staff added training time and players more reps. Player Max: 3

4 weeks Mondays September 12 - October 3 7:00pm - 8:00pm \$267.30\*/\$297

4 weeks Mondays October 10 - October 31 7:00pm - 8:00pm \$267.30\*/\$297

# Softball

**Total Performance Hitting (Ages 10+)** 

This 60 minute class will cover all aspects of hitting, with emphasis on the set up, timing and pitch selection

4 weeks Wednesdays September 7- September 28 5:00pm - 6:00pm \$111.60\*/\$124

4 weeks Wednesdays October 5- October 26 5:00pm - 6:00pm \$111.60\*/\$124

Private Lessons - Your choice of topics!

# **PRIVATE LESSONS**

30 Minute Lesson \$49.50\*/\$55 1 Hour Lesson \$91\*/\$100

**PRIVATE LESSONS 20 PACK** 

20 (30) minute lesson package \$747\*/\$830 Pre-paid lessons are valid for one year from purchase date.

STARS OF TOMORROW (Ages 3-4)

30 Minute Lesson \$25.00 \*\*\* spot based on availability

Tunnel Rental 30 Minutes \$40.50\*/\$45 60 Minutes \$58.50.25\*/\$65

Special Team Tunnel Rental \$50/1 hour

Frozen Ropes National Training Center 24 Old Black Meadow Rd. Chester, NY 10918www.frozenropes.com/chester email: chester@frozenropes.com Register online or CALL (845) 469-9507