



24 Old Black Meadow Rd.  
Chester, NY 10918  
(845)-469-9507

# ***B4*** ***SCHEDULE***

Private training available upon request.

**\$10 drop in**  
**\$60 monthly**

**Monday-Tuesday-Wednesday**  
**11am**

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**Tuesday-Thursday-Friday**  
**2pm**

All sessions are drop in, no scheduling required!