

SPRING 2020 Baseball/Softball Schedule of Events

April-May-June / *Denotes Member Pricing

Spring Lesson Specials

Lesson specials must be purchased and used by June 30th.

Private Lessons

30 Minute Lesson: \$40 1 Hour Lesson: \$75

Private Lesson Pack Spring Special

5 (30 Minute) lesson package: \$185 10 (30 Minute) lesson package: \$340

Little League Clinics

Grand Slam Clinic (Baseball/Softball Ages 7-12)

Our grand slam clinics are open to all of our Little League Partners. Players will focus on Hitting, Throwing, Fielding.

Special pricing of \$15 per class. Register as you go, player must be registered in advance in order to participate.

April 6th – June 22nd.

Mondays: 6pm-7pm ❖ Fridays: 6pm-7pm ❖ Saturdays: 11am-12pm

Group Training

Group Instruction allows you to choose the topic, the day & time, and who is in your group!

-\$100 per session / 1 Hour Sessions

-Max of 6 players (minimum of 3)

-Valid April 1st- June 30th

CLASSES for AGES 3-9

Throwing, Fielding, Hitting

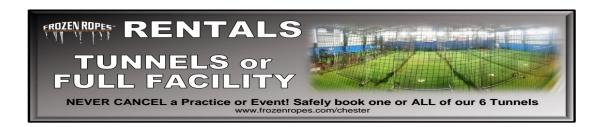
FROZEN ROPES ACA	ADEMIES (BASEBALL	/SOFTBALL Ages 3-4, 5-6 and 7-9)					
Our academy classes will develop the next generation of baseball and softball players. Throwing, Fielding and Hitting are the main themes. Player max: 12 per class.							
Rookie (ages 3-4)							
4 weeks	Saturdays	April 4 – April 25	10:00am - 10:55am	\$68*/\$80			
5 weeks	Saturdays	May 2 – May 30	10:00am - 10:55am	\$85*/\$100			
4 weeks	Saturdays	June 6 – June 27	10:00am - 10:55am	\$68*/\$80			
Junior (Ages 5-6)	•						
5 weeks	Tuesdays	March 31 – April 28	5:00pm - 5:55pm	\$119*/\$140			
4 weeks	Tuesdays	May 5 – May 26	5:00pm – 5:55pm	\$95.20*/\$112			
5 weeks	Tuesdays	June 2 – June 30	5:00pm – 5:55pm	\$119*/\$140			
3 weeks	Sundays	April 5 – April 26 (no class April 12)	10:00am – 10:55am	\$71.40*/\$84			
4 weeks	Sundays	May 3 – May 24	10:00am - 10:55am	\$95.20*/\$112			
4 weeks	Sundays	June 7 – June 28	10:00am - 10:55am	\$95.20*/\$112			
Senior (Ages 7-9)	-						
5 weeks	Thursdays	April 2– April 30	6:00pm - 6:55pm	\$119*/\$140			
4 weeks	Thursdays	May 7 – May 28	6:00pm – 6:55pm	\$95.20/\$112			
4 weeks	Thursdays	June 4 – June 25	6:00pm – 6:55pm	\$95.20/\$112			
3 weeks	Sundays	April 5 – April 26 (no class April 12)	11:00am – 11:55pm	\$71.40*/\$84			
4 weeks	Sundays	May 3 – May 24	11:00am – 11:55pm	\$95.20/\$112			
4 weeks	Sundays	June 7 – June 28	11:00am – 11:55pm	\$95.20/\$112			

Hitting

	TOTAL PERFORMANCE HITTING (BASEBALL/SOFTBALL Ages 7-9) This session will cover all aspects of hitting with emphasis on timing and pitch selection. Player max: 12 per class						
	5 weeks	Mondays	March 30 –April 27	5:00pm – 5:55pm	\$119*/\$140		
	4 weeks	Mondays	May 4 – May 25	5:00pm – 5:55pm	\$95.20*/\$112		
	4 weeks	Mondays	June 1 – June 22	5:00pm – 5:55pm	\$95.20*/\$112		



Rentals



Tunnel Rental \$45 /30 minutes or \$65/ 1 hour Special Team Tunnel Rental \$50/ 1 hour After Hours Special: Full Indoors \$195/ 1.5 hours

After Hours = Monday-Saturday 8:15pm-9:45pm & Sundays 7:00pm-8:30pm

ASK ABOUT OUR SUMMER CAMPS!



Baseball & Softball Camp expanded to Age 14!

Early
Bird
Discount

Ends

May 31st!

Frozen Ropes National Training Center
24 Old Black Meadow Rd. Chester, NY 10918
(845)469-9507 / www.frozenropes.com/chester / email: chester@frozenropes.com/