

# FROZEN ROPES

## WINTER BREAK CAMP

**DECEMBER 26-30,  
2022**

**Baseball and Softball  
Instructional Camp**

**Half Day or Full Day Options  
Daily and Weekly Options**

**Half Day (9am - 12pm): \$30/day**  
**Full Day (9am - 3pm): \$50/day**

**Half Day (Full Week): \$125**  
**Full Day (Full Week): \$200**

Hitting, Throwing, Fielding,  
Games and much more!!

**Ages 6-12**

**To Register:**

**Phone: 518-435-2424**

**E-Mail: [albany@frozenropes.com](mailto:albany@frozenropes.com)**

**Web: [www.frozenropes.com/albany](http://www.frozenropes.com/albany)**

