

THE CAPITAL REGIONS PREMIER INDOOR BASEBALL AND SOFTBALL  
TRAINING FACILITY.



FROZENROPES.COM/ALBANY  
(518)435-2424

## Indoor Baseball Camp at Frozen Ropes

*July 26th-30th*

**Full Day:** 8:30 am-3:30 pm

\$200 for the week

**Half Day:** 8:30 am-Noon

\$125 for the week

We will be working on all aspects of the game:  
throwing, fielding, hitting, pitching and catching  
along with game situations and game play.

*This camp will be ran by Skylar Graff along with Frozen Ropes Alumni now  
playing in College.*

If you are interested, please contact Frozen Ropes.

(518) 435-2424

[albany@frozenropes.com](mailto:albany@frozenropes.com)