

THE CAPITAL REGIONS PREMIER INDOOR BASEBALL AND SOFTBALL
TRAINING FACILITY.



FROZENROPES.COM/ALBANY
(518)435-2424

Indoor Baseball and Softball Summer Camp at Frozen Ropes

July 12th-16th

Full Day: 8:30 am-3:30 pm

\$200 for the week

Half Day: 8:30 am-Noon

\$125 for the week

We will be working on all aspects of the game: throwing, fielding, hitting, pitching and catching along with game situations and game play.

This camp will be ran by Skylar Graff and Rebecca Young, Director of Softball operations. With assistance from Frozen Ropes Alumni now playing in College.

If you are interested, please contact Frozen Ropes.

(518) 435-2424

albany@frozenropes.com