



FROZENROPES.COM/ALBANY
(518)435-2424

Softball Hitting Boot Camp (Ages 8-12)

Wednesdays 6:00 PM – 7:00 PM



The ultimate workout for any hitter!
Our Hitting Boot Camp will train strength, bat speed, visualization skills and contact points in game-like scenarios.

4 weeks for \$100

Player's Name _____
Address _____
City _____ State _____ Zip _____
Emergency Phone Number _____

Date of Birth _____
Parent(s) Name _____
Phone Number _____
Email Address _____

REGISTER MY PLAYER FOR:
SESSION(S) _____ ON _____ days

Total Payment \$ _____

Visa() Mastercard() Credit Card #:

Exp. Date:

Make checks payable to and mail to: Frozen Ropes 3 Interstate Ave Albany, NY 12205
Tel: 518.435.2424 Email: albany@frozenropes.com



frozenropes.com/albany