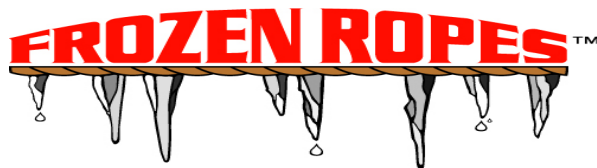


2020 FALL BASEBALL SOE



(September 8th – December 1st, 2020)

*Classes * Lessons * Rentals * Camps/Clinics*

<p><u>Born To Play</u> (Ages 3-4) Born to Play introduces your player to baseball in a teaching environment.</p>		
Saturday's 10:00 AM	4 weeks for \$80	Class length is 50 minutes
<p><u>Rookie Class</u> (Ages 5-6) A skills class focusing on the Big Four: Hitting, Throwing, Fielding & Catching.</p>		
Saturday's 11:00 AM	4 weeks for \$100	
<p><u>Minor League Class</u> (Ages 7-9) An Instructional class with game situations designed to improve hitting, throwing, and fielding skills.</p>		
Saturday's 12:00 PM	4 weeks for \$100	
<p><u>Major League Class</u> (Ages 10-12) An advanced class for the older player. Designed to work on speed of play and increase players skill level.</p>		
Saturday's 1:00 PM	4 weeks for \$100	
<p><u>Zach's Pitching Camp</u> (Ages 8-12) All aspects of throwing and building a pitching delivery you can repeat along with a strength station to conclude class.</p>		
Tuesday's 6:00 PM	4 weeks for \$100	
<p><u>Hitting Boot Camp</u> (Ages 8-16) The ultimate workout for any hitter. Situations, bat speed, strength, visual mechanics, contact angles and lots of reps.</p>		
Thursday's 6:00 PM (Ages 8-12)	4 weeks for \$80	
Thursday's 7:00 PM (Ages 13-16)		
<p><u>Catchers Clinic</u> – (ages 8-16) A class just for catchers. Improve your receiving, blocking and throw downs.</p>		
Wednesday's 5:00 PM	6 weeks for \$125	
<p><u>Private Lessons</u> (Ages 7+) Individual lessons available by appointment.</p>		
30 min = \$45	60 min = \$85	
5 Pack (30 min) = \$210	10 Pack (30 min) = \$410	15 Pack (30 min) = \$600 20 Pack (30 min) = \$780
<p><u>Facility and Cage Rentals</u> Rent one of our cages, pitching machines or our facility. Cages are available by reservation only.</p>		
	\$50 per hour	
<p><u>World Membership:</u> <i>A Family Membership that saves you money and gives you free training time along with discounts on all lessons, classes, clinics and camps.</i></p>		
<p>• Family Membership: \$300 annual fee. Includes (12) ½ hour cage rentals and 2 free 30 minute lessons.</p>		
<p>All memberships save you 20% off all classes, camps, clinics, and lessons along with 10% off all pro-shop purchases. Rentals and lessons are valid for 1 year from date of purchase.</p>		

Frozen Ropes Albany

3 Interstate Ave. Albany, NY 12205

518-435-2424 www.frozenropes.com/albany