



FROZENROPES.COM/ALBANY  
(518)435-2424

**BEGINNER CLASS AGES 6-12**

**TUESDAYS 7:00 – 8:00 PM**

**SATURDAYS 10:00 – 11:00 AM**

**INTERMEDIATE CLASS AGES 10 – 14**

**WEDNESDAYS 7:00 – 8:00 PM**

**HIGH SCHOOL CLASS AGES 14-18**

**SATURDAYS 1:00 – 2:00 PM**

**OPEN CLASS AGES 8-18**

**MONDAYS 7:00 – 8:00 PM**

**THURSDAYS 7:00 – 8:00 PM**

**SUNDAYS 9:00 – 10:00 AM**

**EACH CLASS IS DESIGNED TO  
WORK ON EVERYTHING FROM  
THE BASICS TO THE  
ADVANCED SKILLS THAT  
EACH PITCHER NEEDS IN  
ORDER TO IMPROVE:**

- **VELOCITY**
- **ACCURACY**
- **CONSISTENCY**
- **SECONDARY PITCHES**

**ALL CLASSES RUN ON A MONTHLY BASIS**

**4 WEEKS FOR \$80**

**5 WEEKS FOR \$100**

Player's Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Emergency Phone Number \_\_\_\_\_

REGISTER MY PLAYER FOR:  
SESSION(S) \_\_\_\_\_ ON \_\_\_\_\_ days

Visa( ) Mastercard( ) Credit Card #:

Make checks payable to and mail to: Frozen Ropes 3 Interstate Ave Albany, NY 12205  
Tel: 518.435.2424 Email: albany@frozenropes.com

Date of Birth \_\_\_\_\_

Parent(s) Name \_\_\_\_\_

Phone Number \_\_\_\_\_

Email Address \_\_\_\_\_

Total Payment \$ \_\_\_\_\_

Exp. Date:



frozenropes.com/albany