

THE CAPITAL REGIONS PREMIER INDOOR BASEBALL AND SOFTBALL TRAINING FACILITY.



FROZENROPES.COM/ALBANY
(518)435-2424

SOFTBALL ELITE HITTING CLASS

(AGES 13+)

WEDNESDAYS 7:00 PM – 8:00 PM

**OUR HIGHEST LEVEL CLASS
FOR ADVANCED HITTERS**

FEATURES:

- **HITTRAX**
- **VIDEO ANALYSIS**
- **ROTATIONAL STRENGTH**
- **ADJUSTING TO OFF
SPEED PITCHES**
- **PROPER SEQUENCING**



MONTHLY CLASS

\$20 PER WEEK

Player's Name _____

Address _____

City _____ State _____ Zip _____

Emergency Phone Number _____

REGISTER MY PLAYER FOR:
SESSION(S) _____ ON _____ days

Visa() Mastercard() Credit Card #:

Make checks payable to and mail to: Frozen Ropes 3 Interstate Ave Albany, NY 12205
Tel: 518.435.2424 Email: albany@frozenropes.com

Date of Birth _____

Parent(s) Name _____

Phone Number _____

Email Address _____

Total Payment \$ _____

Exp. Date:



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ALL PROGRAMS HAVE LIMITED ENROLLMENT