



FROZENROPES.COM/ALBANY
(518)435-2424



BASEBALL ELITE HITTING CLASS

(AGES 15+)



SATURDAYS 10:00 AM – 12:00 PM

THURSDAYS 8:00 PM – 10:00PM/SATURDAYS 12:00 PM – 2:00 PM

**OUR HIGHEST LEVEL CLASS
FOR ADVANCED HITTERS**

FEATURES:

- **BLAST MOTION**
- **HITTRAX**
- **VIDEO ANALYSIS**
- **DATA COLLECTION + INTERPRETATION**
- **GAME-SPEED TRAINING (VELO+BREAK)**

ALL SWINGS WILL BE RECORDED METRICALLY AND ON VIDEO AND CAN BE USED FOR COLLEGE RECRUITING PURPOSES!

3 WEEKS

1 SESSION/WEEK = \$100

2 SESSIONS/WEEK = \$190

Player's Name _____

Date of Birth _____

Address _____

Parent(s) Name _____

City _____ State _____ Zip _____

Phone Number _____

Emergency Phone Number _____

Email Address _____

REGISTER MY PLAYER FOR:
SESSION(S) _____ ON _____ days

Total Payment \$ _____

Visa() Mastercard() Credit Card #:

Exp. Date:

Make checks payable to and mail to: Frozen Ropes 3 Interstate Ave Albany, NY 12205
Tel: 518.435.2424 Email: albany@frozenropes.com



frozenropes.com/albany