



Tri-City Valley Cats Baseball & Softball Camp

Frozen Ropes will be having their annual baseball/softball camp for ages 6-12 with some of the newest players from the Houston Astros Organization. Drills, skills, & games to improve your player's ability!

- Players will be working on the basics for baseball and softball!
- They will receive coaching from the Valley Cat's players & Frozen Ropes!
- They will work on hitting, throwing, and fielding.



Camp Details:

Location: Frozen Ropes

Dates: Jul 8th – Jul 14th

Times: 8:30am-3:30pm (Full Day)

8:30am- 12:00pm (Half Day)

Prices:

- Full Day: \$125
- Half Day: \$90
- Early Drop Off (7:30am): \$10
- Late Pick Up (4:30pm): \$10

To register for camp:

- Call Frozen Ropes
 - (518)435-2424
- Email Frozen Ropes
 - Albany@frozenropes.com