



East Greenbush Baseball & Softball Camp

Frozen Ropes Albany will be having their annual baseball and softball camp for ages 6-12 (14 for softball)! Drills, skills, and games that will improve your player's ability!!

- Players will be working on the basics for baseball and softball!
- They will receive coaching from Frozen Ropes staff and players!
- They will work on hitting, throwing, and fielding.



Camp Details:

Location: Gilligan Rd.

Dates: Aug 19th – Aug 23rd

Times: 8:30am-3:30pm (Full Day)

8:30am- 12:00pm (Half Day)

Prices:

- Full Day: \$125
- Half Day: \$90
- Early Drop Off (7:30am): \$10
- Late Pick Up (4:30pm): \$10

To register for camp:

- Call Frozen Ropes
 - (518)435-2424
- Email Frozen Ropes
 - Albany@frozenropes.com