

Get ready for your season this Winter!



ICE Ball League

Interactive, Competitive, Edge

Frozen Ropes is the place to get your young player started on the right track.

ICE Ball improves game situation skills, along with "real" hitting and fielding practice.



Warm up and stretching, followed by drills to improve skills.

Instruction during the game to polish understanding of the game.

Players learn the process of a game while having fun indoors.

January 4th - February 22nd, 2019

Ages 6-9: 6:00PM- 7:30PM

8 Week Session for \$120

World Member Pricing Available

Registration for ICE BALL LEAGUE is available by e-mail, by phone, or by the form below.

Player's Name _____

Date of Birth _____

Address _____

Parent(s) Name _____

City _____ State _____ Zip _____

Phone Number _____

Emergency Phone Number _____

Email Address _____

REGISTER MY PLAYER FOR SESSION:

Visa () Mastercard () Credit Card #:

Exp. Date:

Make checks payable to and mail to: FROZEN ROPES 3 Interstate Avenue Albany, NY 12205

Tel: 518.435.2424

E-mail: albany@frozenropes.com



frozenropes.com/albany

ALL PROGRAMS HAVE LIMITED ENROLLMENT