

# 2018 WINTER BASEBALL SOE



**3 – 12 Year Olds (Dec. 3<sup>rd</sup>, 2018 – Mar. 31<sup>st</sup>, 2019)**

*Classes \* Lessons \* Rentals \* Camps/Clinics \* Birthday Parties*

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| <p><b><u>Born To Play</u></b> (Ages 3-4) <i>Born to Play introduces your player to baseball in a teaching environment.</i></p> <p>Wednesdays 1:00 PM   Saturdays 10:00 AM   Sundays 11:00 AM</p> <p>Class length is 50 minutes                      4 Weeks for \$60                      (No Class 12/25 or 1/1)</p>  |
| <p><b><u>Zach's Pitching Boot Camp</u></b> (Ages 8-12) <i>All aspects of throwing and building a pitching delivery you can repeat along with a strength station to conclude class.</i></p> <p>Tuesdays 6:00 PM – 7:00 PM                      4 weeks for \$80</p>   |
| <p><b><u>Rookie Class</u></b> (Ages 5-6) <i>A skills class focusing on the Big Four: Hitting, Throwing, Fielding &amp; Catching.</i></p> <p>Monday 5:00 PM – 6:00 PM                      4 weeks for \$80<br/>Saturday 11:00 AM – 12:00 PM</p>  |
| <p><b><u>Minor League Class</u></b> (Ages 7-9) <i>An Instructional class with game situations designed to improve hitting, throwing, and fielding skills.</i></p> <p>Thursdays 6:00 PM – 7:00 PM<br/>Saturday 12:00 PM – 1:00 PM                      4 weeks for \$80</p>   |
| <p><b><u>Major League Class</u></b> (Ages 10-12) <i>An advanced class for the older player. Designed to work on speed of play and increase players skill level.</i></p> <p>Tuesday 5:00 PM – 6:00 PM                      4 weeks for \$80<br/>Saturday 1:00 PM – 2:00 PM</p>  |
| <p><b><u>BB Hitting Boot Camp</u></b> (Ages 8-12) <i>The Ultimate workout for any hitter. Situations, bat speed, strength, visual mechanics, contact angles and lots of reps. Quick moving stations to give you different looks and drills to improve every time out!</i></p> <p>Thursdays 6:00 PM – 7:00 PM                      4 weeks for \$80</p>   |
| <p><b><u>Steve's Catchers Clinic</u></b> – (ages 7-12) <i>Designed to introduce the proper mechanics to improve as a defensive catcher. A catcher with proper fundamentals and good mechanics can help a team win ball games.</i></p> <p>Wednesday 5:00 PM – 6:00 PM                      6 weeks for \$125</p> <p>Session 2: Jan. 2<sup>nd</sup>, 2019                      Session 3: Feb. 13<sup>th</sup>, 2019</p> |

**Speed and Agility Class** – Core strength, speed and agility. This class is designed to help you with your footwork and core strength while increasing agility. A must for any player looking to make a major jump in their playing level.

\$10 per class

\*\*\*Tuesdays and/or Thursdays 7 PM – 8 PM\*\*\*

**Private Lessons** (Ages 5+) *Individual lessons available by appointment.*

**Private**

30 min = \$45

60 min = \$80

5 pack (30 min) = \$210

30 pack (30 min) = \$1110

10 pack (30 min) = \$410

40 pack (30 min) = \$1400

15 pack (30 min) = \$600

50 pack (30 min) = \$1650

20 pack (30 min) = \$780

100 pack (30 min) = \$3000

**Facility and Cage Rentals** *Rent one of our cages, pitching machines or our facility. Cages are available for reservation or on a first come, first serve basis. Ask about our seasonal rates!*

15 min = \$15 ▪ 30 min = \$25 ▪ 60 min = \$50

**Birthday Parties:** *Friendly staff and fun activities to entertain your players and amaze their friends!*

- 1 ½ hours total = 60 min of playing time, 30 min in party room (your choice of activities)  
\$180 (up to 10 players), \$10/ additional player
- 2 ¼ hours total (90 min of playing time, 45 min in party room (your choice of activities)  
\$230 (up to 10 players), \$10/ additional player

All parties include a T-Shirt for every player. A \$50 non-refundable deposit is required.

**World Membership:** *A Family Membership that saves you money and gives you free training time along with discounts on all lessons, classes, clinics and camps.*

- Family Membership: \$325 annual fee. Includes (12) ½ hour cage rentals and 2 free 30 minute lessons.

All memberships save you 25% off all classes, camps, clinics, and lessons along with 10% off all pro-shop purchases. Rentals and lessons are valid for 1 year from date of purchase.

**Ice Ball** – *An indoor baseball game to let kids play and learn during the off-season. Starting on January 4<sup>th</sup>.*

Ages 6-9 – Fridays 6:00 PM – 7:30 PM

8 weeks for \$120

**School Break Camps** (Ages 6-12) *Camps provide instruction, innovative drills and up-tempo scrimmage*

Black Friday Camp – November 25<sup>th</sup>, 2016

Winter Break Camp – December 26<sup>th</sup> – 30<sup>th</sup>, 2016

Half Day: 8:30 AM – 12:00 PM = \$125 or \$30 per day

Early drop off (7:30 AM) = Add \$10 per day

Full Day: 8:30 AM – 3:30 PM = \$175 or \$40 per day

Late pick up (4:30 PM) = Add \$10 per day

**Frozen Ropes Albany**

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