

F R O Z E N   R O P E S

# FastPitch

## INTERMEDIATE PITCHING CLASS

AGES 12-18

AN ADVANCED SOFTBALL PITCHING CLASS DESIGNED TO IMPROVE MECHANICS, INCREASE VELOCITY, AND IMPROVE GAME SITUATIONS.

4 WEEK SESSION FOR \$80.00, 5 WEEK SESSION FOR \$100.00

WEDNESDAYS 7:00PM - 8:00PM

SESSION 1: DEC 6, 13, 20, 27.

SESSION 2: JAN 3, 10, 17, 24, 31.

SESSION 3: FEB 7, 14, 21, 28.

AS TAUGHT TO MEMBERS OF TEAM USA SOFTBALL!!

GROUP SITUATIONS PROMOTE LEARNING BY WATCHING, AS WELL AS COMPETING, WHILE WORKING ON MECHANICS AND DEVELOPING SOCIAL SKILLS.

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Registration for FastPitch Programs is available by e-mail, this form, or by telephone.

Player's Name _____	Date of Birth _____
Address _____	Parent(s) Name _____
City _____ State _____ Zip _____	Emergency _____
Phone Number _____	Email Address _____
REGISTER MY PLAYER FOR SESSION:	Total Payment \$ _____
Visa ( ) Mastercard ( ) Credit Card #:	Exp. Date: _____
Make checks payable to and mail to: FROZEN ROPES ALBANY 3 INTERSTATE AVE, ALBANY NY 12205	
Tel: 518-435-2424	Fax: _____
Email: <a href="mailto:albany@frozenropes.com">albany@frozenropes.com</a>	



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