



**Perfect practice,
makes
perfect performance!**



Minor League Class

The Minor league class consists of instructional sessions focusing on the Big Three,

- Hitting
- Throwing
- Fielding

Classes consist of hands-on group instruction, continuous station change to promote speed of play and controlled scrimmages.

Group Instruction Promotes:
 Cooperation Competition Visual Learning Teamwork

(ages 7-9) Instructional class for the intermediate level players with game situations designed to improve hitting, throwing and fielding skills.

\$80/60* per 4 week session, \$100/75* per 5 week session
 Class is 60 minutes

Thursdays 6:00pm:

- Session 1: Dec 7, 14, 21, 28
- Session 2: Jan 4, 11, 18, 25
- Session 3: Feb 1, 8, 15, 22

Saturdays 12:00pm:

- Session 1: Dec 2, 9, 16, 23, 30
- Session 2: Jan 6, 13, 20, 27
- Session 3: Feb 3, 10, 17, 24

*World Member pricing available

Registration for Minor League Class is available on-line, by the form below, or by phone.

Player's Name _____	Date of Birth _____
Address _____	Parent(s) Name _____
City _____ State _____ Zip _____	Phone Number _____
Emergency Phone Number _____	Email Address _____
Session(s): _____	Total Payment \$ _____

Visa () Mastercard () Amex () Credit Card # _____ Exp. Date _____

Make checks payable to and mail to: Frozen Ropes Albany 3 Interstate Ave. Albany, NY 12205

Tel: 518.435.2424 Fax: _____ www.frozenropes.com

Email: albany@frozenropes.com ALL PROGRAMS HAVE LIMITED ENROLLMENT



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