



## Elite Catchers Clinic

This clinic is designed to introduce the proper mechanics to improve as a defensive catcher. A catcher with proper fundamentals and good mechanics can help a team win ball games. Frozen Ropes Director of Operations Jimmer Kisselburgh will conduct a 6 week clinic designed to improve all aspects of the catching game. Jimmer is a former Division 1 College Catcher at SUNY Albany and has years of experience in teaching the finer points of catching. Assisting coach Jimmer will be Frozen Ropes Senior Instructor Steve DeLuca, a former Division 3 catcher at New England College with current minor league experience.



This class will focus on:

- Receiving
- Blocking
- Throwing
- Bunt Defense
- Game Calling



Session 1: Wednesday October 4<sup>th</sup> – Wednesday November 8<sup>th</sup>  
Session 2: Wednesday November 29<sup>th</sup> – Wednesday January 3<sup>rd</sup>  
Session 3: Wednesday January 24<sup>th</sup> – Wednesday February 28<sup>th</sup>

All classes will be from 7:00 PM – 8:00 PM

6 weeks for \$120

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