

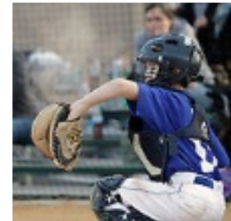


Catchers Clinic

This clinic is designed to introduce the proper mechanics to improve as a defensive catcher. A catcher with proper fundamentals and good mechanics can help a team win ball games. Frozen Ropes Senior Instructor Jimmer Kisselburgh will conduct a 6 week clinic designed to improve all aspects of the catching game. Jimmer is a former Division 1 College Catcher at SUNY Albany and has years of experience in teaching the finer points of catching.

This class will focus on:

- Receiving
- Blocking
- Throwing
- Bunt Defense



Session 1: Wednesday October 4th – Wednesday November 8th
Session 2: Wednesday November 29th – Wednesday January 3th
Session 3: Wednesday January 24th – Wednesday February 28th

Ages 7-12 @ 5:00 PM – 6:00 PM
Ages 13-18 @ 6:00 PM – 7:00 PM

6 weeks for \$120

3 Interstate Ave. Albany, NY 12205
518-435-2424

Albany@frozenropes.com
www.frozenropes.com/albany