

It's never too early for fitness and fun!

# Born to Play



**Born to Play is a baseball/softball activity class that introduces 3 to 4 year olds to hitting, throwing and athletic movement.**



Born to Play introduces your son or daughter to baseball and softball in a learning environment

- Hand-eye coordination • Flexibility and stretching
- Agility and body control • Throwing, catching, hitting & fielding skills

**Mondays: 1:00PM**

**Wednesdays: 12:30 PM**

**Saturdays: 10:00 AM**

SESSION 1: Dec. 4, 11, 18  
 SESSION 2: Jan. 8, 15, 22, 29  
 SESSION 3: Feb. 5, 12, 19, 26

SESSION 1: Dec. 6, 13, 20, 27  
 SESSION 2: Jan. 3, 10, 17, 24, 31  
 SESSION 3: Feb. 7, 14, 21, 28

SESSION 1: Dec. 2, 9, 16, 23, 30  
 SESSION 2: Jan. 6, 13, 20, 27  
 SESSION 3: Feb. 3, 10, 17, 24

**Sundays: 11:00 AM**

SESSION 1: Dec. 3, 10, 17, 24, 31  
 SESSION 2: Jan. 7, 14, 21, 28  
 SESSION 3: Feb. 4, 11, 18, 25

Additional days and times available for groups of 8 or more!

Ask a staff member for details.

**AGES 3-4**

\$60 for 4 weeks sessions, \$75 for 5 week sessions  
Class is 50 minutes

**Registration for BORN TO PLAY is available online, by phone, or by the form below.**

Player's Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone Number \_\_\_\_\_

Date of Birth \_\_\_\_\_  
 Parent(s) Name \_\_\_\_\_  
 Emergency \_\_\_\_\_  
 Email Address \_\_\_\_\_  
 Total Payment \$ \_\_\_\_\_

REGISTER MY PLAYER FOR: SESSION CHOICES

Visa ( ) Mastercard ( ) Credit Card #:

Exp. Date:

Make checks payable to and mail to: **Frozen Ropes 3 Interstate Ave - Albany, NY 12205**

Tel: 518.435.2424

Fax:

Email: [albany@frozenropes.com](mailto:albany@frozenropes.com)



[www.frozenropes.com](http://www.frozenropes.com)  
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