



Spring Baseball/Softball Schedule of Events

NO CLASSES ON SUNDAY, MAY 7TH AND MEMORIAL DAY (MONDAY MAY 29)

TOTAL PERFORMANCE HITTING (AGES 7-10, 11-14)

This 60 minute session will cover all aspects of hitting with emphasis on timing and pitch selection.

Ages 7-10

4 weeks	Mondays	April 17 - May 8	5:00pm – 6:00pm	\$95.20*/\$112
4 weeks	Mondays	May 15 - June 12	5:00pm – 6:00pm	\$95.20*/\$112
4 weeks	Thursdays	April 20- May 11	6:00pm - 7:00pm	\$95.20*/\$112
4 weeks	Thursdays	May 18 - June 8	6:00pm - 7:00pm	\$95.20*/\$112
4 weeks	Saturdays	April 22 - May 13	4:00pm - 5:00pm	\$95.20*/\$112
4 weeks	Saturdays	May 20 - June 10	4:00pm - 5:00pm	\$95.20*/\$112
3 weeks	Sundays	April 23 - May 14	1:00pm - 2:00pm	\$71.40*/\$84
4 weeks	Sundays	May 21-June 11	1:00pm - 2:00pm	\$95.20*/\$112

Ages 11-14

4 weeks	Mondays	April 17 – May 8	6:00pm – 7:00pm	\$95.20*/\$112
4 weeks	Mondays	May 15 – June 12	6:00pm – 7:00pm	\$95.20*/\$112
4 weeks	Thursdays	April 20 - May 11	7:00pm - 8:00pm	\$95.20*/\$112
4 weeks	Thursdays	May 18 - June 8	7:00pm - 8:00pm	\$95.20*/\$112
4 weeks	Saturdays	April 22 - May 13	2:00pm - 3:00pm	\$95.20*/\$112
4 weeks	Saturdays	May 20 - June 10	2:00pm - 3:00pm	\$95.20*/\$112
3 weeks	Sundays	April 23-May 14	2:00pm - 3:00pm	\$71.40*/\$84
4 weeks	Sundays	May 21-June 11	2:00pm - 3:00pm	\$95.20*/\$112

BASEBALL CORE 4 PITCHING BOOT CAMP (Ages 7-12)

All aspects of throwing and building a pitching delivery you can repeat. Emphasis on our CORE 4 pitching program.

4 weeks	Tuesdays	April 18 – May 9	6:00pm – 7:00pm	\$95.20*/\$112
4 weeks	Tuesdays	May 16 – June 6	6:00pm – 7:00pm	\$95.20*/\$112
3 weeks	Sundays	April 23 - May 14	3:00pm - 4:00pm	\$71.40*/\$84
4 weeks	Sundays	May 21 - June 11	3:00pm - 4:00pm	\$95.20*/\$112

MIKE BERTOTTI BASEBALL PITCHING SPL'S

3 players max, our SPL's (Semi Private Lessons) allow our staff added training time and players more reps.

Ages 13-17

4 weeks	Tuesdays	April 18 – May 9	7:00pm – 8:00pm	\$229.50*/\$270
4 weeks	Tuesdays	May 16 – June 6	7:00pm – 8:00pm	\$229.50*/\$270

Ages 7-12

4 weeks	Fridays	April 21 - May 12	7:00pm - 8:00pm	\$229.50*/\$270
4 weeks	Fridays	May 19 - June 9	7:00pm - 8:00pm	\$229.50*/\$270

SOFTBALL PITCHING ACADEMY (Ages 7-12)

Pitching class for improving mechanics, control, and speed.

4 weeks	Thursdays	April 20 - May 11	7:00pm - 8:00pm	\$136*/\$160
4 weeks	Thursdays	May 18 - June 8	7:00pm - 8:00pm	\$136*/\$160

CLASSES CONTINUED ON BACK → → → → →

MARC RUSSO SOFTBALL PITCHING SPL'S

3 players max, our SPL's (Semi Private Lessons) allow our staff added training time and players more reps.

4 weeks	Mondays	April 17 - May 8	7:00pm - 8:00pm	\$229.50*/\$270
4 weeks	Mondays	May 15 - June 12	7:00pm - 8:00pm	\$229.50*/\$270

TONY ABBATINE HITTING SPL'S

4 players max, our SPL's (Semi Private Lessons) allow our staff added training time and players more reps.

4 weeks	Mondays	April 17 - May 8	6:00pm - 7:00pm	\$229.50*/\$270
4 weeks	Mondays	April 17 - May 8	7:00pm - 8:00pm	\$229.50*/\$270
4 weeks	Mondays	May 15 - June 12	6:00pm - 7:00pm	\$229.50*/\$270
4 weeks	Mondays	May 15 - June 12	7:00pm - 8:00pm	\$229.50*/\$270

ALL SKILLS CAMP (Ages 10-12 BASEBALL/SOFTBALL)

Hitting, throwing, and fielding make this the class for the player who wants a little bit of everything

4 weeks	Wednesdays	April 19 - May 10	5:00pm - 6:00pm	\$95.20*/\$112
4 weeks	Wednesdays	May 17 - June 7	5:00pm - 6:00pm	\$95.20*/\$112
4 weeks	Fridays	April 21 - May 12	5:00pm - 6:00pm	\$95.20*/\$112
4 weeks	Fridays	May 19 - June 9	5:00pm - 6:00pm	\$95.20*/\$112
4 weeks	Saturdays	April 22 - May 13	3:00pm - 4:00pm	\$95.20*/\$112
4 weeks	Saturdays	May 20 - June 10	3:00pm - 4:00pm	\$95.20*/\$112
3 weeks	Sundays	April 23 - May 14	4:00pm - 5:00pm	\$71.40*/\$84
4 weeks	Sundays	May 21 - June 11	4:00pm - 5:00pm	\$95.20*/\$112

FROZEN ROPES JUNIOR & SENIOR ACADEMIES (Ages 5-6 & 7-9 BASEBALL/SOFTBALL)

Our baseball academy will develop the next generation of baseball and softball players.

Throwing, Fielding and Hitting are the main themes.

Junior (Ages 5-6)

4 weeks	Tuesdays	April 18 - May 9	5:00pm - 6:00pm	\$85*/\$100
4 weeks	Tuesdays	May 16 - June 6	5:00pm - 6:00pm	\$85*/\$100
4 weeks	Fridays	April 21 - May 12	6:00pm - 7:00pm	\$85*/\$100
4 weeks	Fridays	May 19 - June 9	6:00pm - 7:00pm	\$85*/\$100
3 weeks	Sundays	April 23 - May 14	10:00am - 11:00am	\$63.75*/\$75
4 weeks	Sundays	May 21 - June 11	10:00am - 11:00am	\$85*/\$100

Senior (Ages 7-9)

4 weeks	Tuesdays	April 18 - May 9	6:00pm - 7:00pm	\$95.20*/\$112
4 weeks	Tuesdays	May 16 - June 6	6:00pm - 7:00pm	\$95.20*/\$112
4 weeks	Wednesdays	April 19 - May 10	6:00pm - 7:00pm	\$95.20*/\$112
4 weeks	Wednesdays	May 17 - June 7	6:00pm - 7:00pm	\$95.20*/\$112
3 weeks	Sundays	April 23 - May 14	11:00am - 12:00pm	\$71.40*/\$84
4 weeks	Sundays	May 21 - June 11	11:00am - 12:00pm	\$95.20*/\$112

CREATE A GROUP LESSON

Don't see a class time that fits your schedule? You can create a group lesson with your teammates for 1 hour working on your choice of skills. Minimum of 3 players and a maximum of 6 players. **\$120 per session.** Schedule your day and time, available every day.

INDIVIDUAL LESSONS

30 Minute Lesson \$42.50*/\$50

1 Hour Lesson \$76.50*/\$90

10 (30) minute lesson package \$374*/\$440

Pre-paid lessons are valid for one year from purchase date.

* Denotes Member Pricing



Frozen Ropes at The Rock Sports Park
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FROZEN ROPES