

GIRLS NIGHT OUT

Develop your skills in the off season with our Girls night out program. Players will focus on mechanics of **throwing, fielding and hitting** skills! This is a program designed for player Development between the ages of 7 –12.

2 / Ten week programs.

2 days per week

1 Session **\$450**

2 Sessions:**\$800**

Monday and Wednesday

-7-9 yr olds-6:00-7:00pm

-10-12 yr olds-7:00-8:00pm

Session # 1 Sept 20 –Nov 29)

(No Class Week of Nov 22)

Session #2 Jan 10 -Mar 21)

(No Class Week of Feb 21st)

FALL BALL INSTRUCTIONAL LEAGUE

Secor Wood Park

Secor Road, Hartsdale, New York 10530

ON-FIELD PROGRAM \$250 Per player

An Instructional League with an objective to improve player confidence and baseball skills through a program of pre-game clinics and in-game Instruction

6 week Sessions, 2hrs per session, incl. hat & T-Shirt

Saturdays: 8-10yr:9-11am 5-7yr:11am-1pm

Sundays: 5-7yr: 10am-12pm 5-7yr:1-3pm

8-10yr: 3-5pm

Dates:

9/25-26, 10/2-3, 10/9-10, 10/16-17

10/23-10/24, 10/30-10/31 Rain Date: 11/6-11/7

SCHOOL VACATION CAMPS (6-12yr olds)

There's no better way to spend your time off from school than attending our School Vacation Camp. Players will be divided by age & skill level. Topics will include: hitting, pitching, fielding, catching, strength, speed, and agility.

Dec. 27-30 (Mon-Thu) \$225 per player

Feb 21-24 (Mon-Thu) \$225 per player

Apr 18-21 (Mon-Thu) \$225 per player

BORN TO PLAY (12 players)

An activity class designed to introduce 3-5 year olds to athletic movement, supervised exercise, and baseball.

Minimum of 4 players per time slot.

\$195 Per Session

6 Week Sessions

Session #1: Sept 20th - Oct 31

Session #2: Nov 1st - Dec 13th

(No class 11/22-11/28)

Thursday:

1pm-1:50pm

2pm-2:50pm

Sat or Sun:

9am - 9:50am

10am - 10:50am

11am - 11:50am

AFTER SCHOOL BASEBALL AND SOFTBALL ACADEMY (12 players)

6 Week Sessions \$200 Per Session

Mon: 4-5pm Ages:6-8

5-6pm Ages:9-12

Wed: 4-5pm Ages:9-12

5-6pm Ages:6-8

Session #1: Sept 20h - Oct 31

Session #2: Nov 1st - Dec 13th

(No class 11/22-11/28)

Diamond Strength

Baseball & Softball specific cross training classes

*Combine Proper Mechanics with Stronger and Faster Body!

Please call 914-345-3370 for more info.

CLASSES (10 players)

6-week sessions specializing in specific baseball & softball skills

Hitting Classes: \$215

Tue 4pm - 5pm 7-9yr olds

Tue 5pm - 6pm 10-12yr olds

Thu 5:30pm - 6:30pm 7-9yr olds

Thu 6:30pm-7:30pm 10-12yr olds

Sat 10am-11am 7-9yr olds

Sat 11am-12pm 10-12yr olds

Sun 10am-11am 10-12yr olds

Sun 11am-12pm 7-9yr olds

Windmill Pitching Classes: \$215

Wed 5pm - 6pm 7-9yr olds

Wed 6pm - 7pm 10-12yrs old

Hitting/Fielding Combo Classes: \$240

Tue 6pm - 7:15pm 7-9yr olds

Tue 6pm - 7:15pm 10-12yr olds

Thu 4pm - 5:15pm 7-9yr olds

Thu 4pm - 5:15pm 10-12yr olds

Sat 1pm - 2:15pm 7-9yr olds

Sat 1pm - 2:15pm 10-12yr olds

Sun 1pm - 2:15pm 7-9yr olds

Sun 1pm - 2:15pm 10-12yroids

Session #1: Sept 20th - Oct 31

Session #2: Nov 1st - Dec 13th

(no class 11/22nd - 11/28th)

Catchers Clinic \$215

Friday

12 and under: 5-6pm

13 and older-6:-7pm

Fall Session 1: Sep24 –Oct 29

Fall Session 2: Nov 5 – Dec 17

(11/26 no class)

Winter Session 1: Jan 7- Feb 11

Winter Session 2: Mar 4- Apr 8