

Learn from the best in the industry!



FROZEN ROPES Baseball Advanced Winter Training

8 one hour sessions in 4 weeks
Aggressive Training for
Advanced Players - Hitting,
Fielding, Pitching and
Situational Play in addition to
Diamond Strength Training

Players Ages 15 and up
Monday & Wednesday Nights - 8:00 pm - 9:00 pm
December Session
December 7, 9, 14, 16, 21, 23, 28, 30

January Session
January 4, 6, 11, 13, 18, 20, 25, 27

8 Sessions for \$175/\$155*
*World Member Pricing

Advanced Winter Training
led by our Nationally Certified Instructors
Current and Former Minor League Players

www.frozenropes.com/union 60 Milltown Road | Union, NJ 07083 908-686-9060

Registration for PROGRAM is available by this form or by telephone.

Player's Name _____
Address _____
City _____ State _____ Zip _____
Phone Number _____

Date of Birth _____
Parent(s) Name _____
Emergency Phone: _____
Email Address _____
Total Payment \$ _____

I WOULD LIKE TO REGISTER FOR:

Visa () Mastercard () Amex () Credit Card #:

Exp. Date:

Make checks payable to and mail to: **Frozen Ropes 60 Milltown Road, Union, NJ 07083**

Tel: 908-686-9060

Fax:

www.frozenropes.com

Email: union@frozenropes.com

ALL PROGRAMS HAVE LIMITED ENROLLMENT



FROZEN ROPES
Fast Pitch