




Create-a-Class

Get together with friends or teammates and design a class specially for your group of 3-6 players.

Classes are 6 sessions for \$160
and offers these benefits:

-  Add enjoyment training with friends
-  Choose the day & time that works best for you rather than fitting into our schedule.
-  You choose the instructional topics. Class curriculum can be customized to your group on a weekly basis to work on any combination of hitting, fielding, conditioning, and/or pitching.

Sessions do not need to be spread out over 6 weeks. If your group wants an accelerated plan, multiple class sessions can be completed within a week.

Frozen Ropes
120 Kenyon Dr.
Lakewood, NJ 08701
732.363.8913
lakewood@frozenropes.com
www.frozenropes.com



Frozen Ropes In The News

