

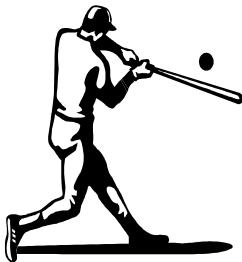


Grip It & Rip It

Ages: 8-11

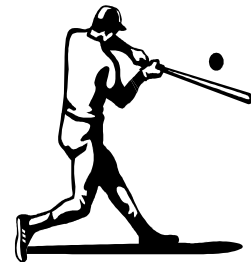
The Grip it & Rip it Class introduces the proper mechanics to hitting.

Start with the basics and work your way up to be a complete hitter.



Drills include:

- Tee Work
- Back foot snap
- Proper stride
- Weight back
- Level swing
- Front and side soft toss
- And much more...



***Come learn from our professionally certified instructors.**

Dates:

Friday 6:00pm - 7:00pm

Session 1 - Sept. 17, 24 Oct. 1, 8, 15, 22

Session 2 - Oct. 29 Nov. 5, 12, 19, 26 Dec. 3

Price:

\$160 for 6 one hour sessions

***\$135 World Member**