

Frozen Ropes

Rookie Club (ages 5 to 7)



September Class Schedule



"THERE IS NEVER AN OFF-SEASON"

Are you getting "instruction" from your fall baseball?

Frozen Ropes Instructional Classes are designed for fast paced small group instruction focusing on the BIG 3:

- Hitting
- Throwing
- Fielding

Only \$100

Players will receive hands-on instruction on fundamentals as well as participate in "fun" games and activities.

Kids have a BLAST in our Rookie Club! They can't wait to come back.

Class meets once per week for 4 weeks. Classes start 9/6

Rookie Club

Name _____

Email _____

Phone Number _____

Contact _____

Session 1: Mondays 7:30 to 8:30 pm

Session 2: Tuesdays 4:30 to 5:30 pm

Session 3: Fridays 5:30 to 6:30 pm

Call 575-5877 or email Rich Bishop at rich.bishop@frozenropesnebraska.com to register.

Class size will be limited to maximize hands on instruction
Registration deadline is September 3rd.