

Frozen Ropes

Major Leagues Class (ages 9 to 11)



September Class Schedule



“THERE IS NEVER AN OFF-SEASON”

Are you getting “instruction” from your fall baseball?

Frozen Ropes Instructional Classes are designed for fast paced small group instruction. Players will Receive hands-on instruction on fundamentals in:

- Hitting
- Throwing
- Pitching
- Fielding
- Baserunning

Only \$100

As well participate in fun game and activities!

Class meets once per week for 4 weeks. Classes start 9/7

Major Leagues Class

Name _____

Email _____

Phone Number _____

Contact _____

Session 1: Tuesdays 8:30 to 9:30 pm

Session 2: Wednesdays 8:30 to 9:30 pm

Session 3: Fridays 6:30 to 7:30 pm

Call 575-5877 or email Rich Bishop at rich.bishop@frozenropesnebraska.com to register

Class size will be limited to maximize hands on instruction

Registration deadline is September 3rd.