



512 Warren Ave
Portland, ME 04103
www.frozenropes.com
(207) 878-2600
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2012 Baseball January—February Schedule of Events Ages 6 to 12

FAMILY YEARLY MEMBERSHIP

\$190.00

- ◆ 10 FREE—30 minute cage rentals - only \$15.00 after first 10 are used
- ◆ Preferred pricing on events such as private lessons
- ◆ Reduced membership pricing on multi-player events
- ◆ Limited number of membership available.

Indoor Baseball League

90 minute time limit games in the DOME on Fri/Sat nights; 9 week season
Session 2 starts January 6th—April 6th;
2 Divisions: 10u & 12u

Players needed for Frozen Ropes House Teams!
Town teams welcome (\$1495 is team fee)

Summer Travel Baseball Team

(10u, 11u, 12u, 13u, 14u, 15u & Showcase Team)
Players looking for more competitive baseball schedule, more opportunities to play and be in a positive coaching environment. Winter practices and scrimmages. Be part of this 9 month program.
Contact Mike D'Andrea for more information.

School Vacation Camps (Ages 7 - 12)

- ◆ **DROP & SHOP (11/25 ONLY)** \$60/\$35
 - ◆ **X-Mas Vacation** Dec. 26 to 30
 - ◆ **February Vacation** Feb. 20 to 24
 - ◆ **April Vacation** April 16 to 20
- \$200 - Full Day - includes lunch @ Joker's 9:00-3:00
\$149 for a 1/2 day. 9:00-Noon

Small Group "Buddie" Lessons (60 minutes)

You decide what you want to work on and we design training to fit your needs. More individual instruction then a clinic format. You set the date(s) Great for car pooling. Small group training for 2 to 6 players.

ONE OF OUR MOST POPULAR PROGRAMS.

	2 Players	3 Players	4 Players	5 Players	6 Players
1 Visit	\$50	\$47	\$44	\$41	\$38
4 Visits	\$190	\$175	\$165	\$155	\$145

Pricing is quoted per player!

Rookie Combo Class (Ages 6-8) 6:1 ratio

Have fun while you play and learn the right way!

A baseball class for beginners focusing on the Big Three:
Hitting, Fielding/Catching and Throwing.

Mon	4:30 - 5:30pm	Non-Member
RC 1	Jan. 9,16,23,30	\$125 / \$85
RC 2	Feb. 6,13,20,27	\$125 / \$85

Pitching Class (Ages 9-12) 4:1 ratio

Topics to include pitching fundamentals, grips and pitch types, discovering hitter's weaknesses and developing a pitching routine will be covered.

Sun	1:00 - 2:00pm	Non-Member
PC 1	Jan. 8,15,22,29	\$125 / \$85
PC 2	Feb. 5,12,19,26	\$125 / \$85
Tues	6:30 - 7:30pm	Non-Member
PC 3	Jan. 10, 17, 24, 31	\$125 / \$85
PC 4	Feb. 7, 14, 21, 28	\$125 / \$85
Sat	Noon—1:00pm	Non-Member
PC 5	Jan. 7, 14, 21, 28	\$125 / \$85
PC 6	Feb. 4, 11, 18, 25	\$125 / \$85

Hitting Class (Ages 9-12) 4:1 ratio

These sessions are designed to improve hitter's timing and pitch recognition. Players will also learn body awareness as it relates to hitting.

Sun	2:00 - 3:00pm	Non-Member
HC 1	Jan. 8, 15, 22, 29	\$125 / \$85
HC 2	Feb. 5, 12, 19, 26	\$125 / \$85
Tues	5:30 - 6:30pm	Non-Member
HC 3	Jan. 10, 17, 24, 31	\$125 / \$85
HC 4	Feb. 7, 14, 21, 28	\$125 / \$85
Sat	11:00am—Noon	Non-Member
HC 5	Jan. 7, 14, 21, 28	\$125 / \$85
HC 6	Feb. 4, 11, 18, 25	\$125 / \$85

WE SELL GIFT CERTIFICATES; MAKES A GREAT HOLIDAY OR BIRTHDAY GIFT

NEW

Saturday Night Skills Class

(Ages 6-12) 8:1 ratio

Players broken up by age and ability level. Each Saturday night is an individual class. Focus on Hitting, Throwing, Fielding, Pitching skills.

*Pre-registered is a must! Starts Jan. 7th!

Sat.	4:30 - 7:30pm	Non-Member
		\$39 / \$25

Winter BB "BIG 3" Training Class

(Ages 9-12) 6:1 ratio

Professional Baseball Scouts evaluate players by evaluating 5 tools - hitting, hitting for power, running, throwing and fielding. **This 8 week program** is designed to improve your skills in those 5 areas.

Non-Members \$275 / \$235

Wed.	4:30 - 6:00pm	Non-Member
WB 2	Jan. 4, 11, 18, 25; Feb 1, 8, 15, 22	
Sun	3:30 - 5:00pm	Non-Member
WB 3	Jan. 8, 15, 22, 29; Feb 5, 12, 19, 26	

Catching Class (Ages 9 - 12) 6:1 ratio

w/ Nick Caiazzo. Catching skills to be worked on will be stance, receiving, blocking and throws to bases. Learn to be the leader of the team.

Sat	9:00am—10:00am	Non-Member
CAT 2	Jan. 7, 14, 21, 28	\$125 / \$85
CAT 4	Feb. 4, 11, 18, 25	\$125 / \$85

Big Diamond Pitching Class

(Ages 12-13) 6:1 ratio

For players who will play on the Big Diamond. Learn pick-off moves, pitch from the stretch and develop your off-speed pitches at 60 ft, 6 inches.

Limited Number of Players (2010 filled up!)

Sat	9:30—10:30am	Non-Member
BDP#1	Jan. 14, 21, 28; Feb 4, 11, 18	\$175 / \$135

Double Play Clinic

(Ages 11-13) 6:1 ratio

NEW

Combination of hit and fielding skills for 6 weeks.

Coached by Glenn Reeves

Wed	6:00 - 7:00pm	Non-Member
DPC#1	Jan. 11, 18, 25; Feb 1, 8, 15	\$225 / \$185

NEW

Dodge Ball

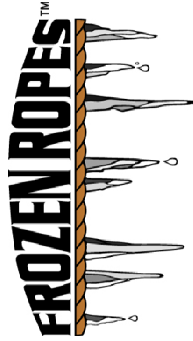
(Ages 7-12) 8:1 ratio

Come in for some dodge, dive, duck, dip and more dodging action. Pizza and drinks served as well.

*Pre-registered is a must!

Fri.	6:30 - 8:30pm	Non-Member
		\$25 / \$15

Additional sibling is \$10; Starts Jan. 6th!



512 Warren Ave
Portland, ME 04103

Pre-Sorted Standard
U.S. Postage
PAID
Portland, ME
Permit #108

2012 January and February 5-12 year old Baseball Schedule of Events

Individual Training Lessons (effective Jan 1st!)

	<u>Member</u>	<u>Non-Member</u>
1—Lesson	\$45	\$49
6—Lessons	\$225	\$259

Lessons packages are quoted 30 minutes in length.

Tunnel Rentals 30 minutes

◆ Membership Rate	\$15
<i>(After the use of the 10 free with the membership)</i>	
◆ Non-membership Rate	\$25

Birthday Parties \$195.00 for 105 min. inside FRTC!
Package is up to 12 players includes a Frozen Ropes t-shirt for each guest. \$10.00 for each additional player. Whiffle ball game, radar gun, machine hitting - you decide what you want on your special day! Have your own room to enjoy the party.

Little League Tryouts:
Take the politics out of evaluation and have the us evaluate you players. Call Mike Coutts for more information!

Youth Coaching Clinics:
Can travel to your league or can be set up at FRTC. Call Nick Caiazza to set up your time!

- YEAR ROUND PART TIME INSTRUCTORS:**
- ◆ Glenn Reeves— former Florida Marlins player
 - ◆ Billy O’Brien— former USM player & coach
 - ◆ Kevin Smith— current USM Pitching Coach
 - ◆ Mike Collar— former Houston Astros pitcher
 - ◆ Todd Cifelli— current scout for Cincinnati Reds
 - ◆ Ryan Jones— AAU/ASA Travel team Head coach
 - ◆ Josh Stowell—Cheverus HS Assistant Coach
 - ◆ Joe Finocchiaro-10+ yrs of private instruction
 - ◆ Christian Boileau—Greely Sr.Legion Head Coach

POLICIES
FROZEN ROPES ENFORCES A 24 HOURS CANCELLATION POLICY FOR LESSONS, CLASSES AND RENTALS. A CREDIT CARD NUMBER IS NEEDED TO BOOK ANY OF THE ABOVE EVENTS. **If you do not call and cancel within 24 hours your credit card will be charged.** A CREDIT CARD or PAYMENT IS NEEDED TO RESERVE A SPOT IN A CLINIC, LEAGUE OR CAMP. WE DO NOT OFFER REFUNDS FOR WITHDRAWAL OF CLINIC, LEAGUE OR CAMP WITHIN 7 DAYS OF THE EVENT. WE ALSO DO NOT OFFER REFUNDS OR CREDITS FOR MISSED TIME AND DO NOT OFFER MAKE-UPS. WE RESERVE THE RIGHT TO CANCEL AN EVENT DUE TO INCLEMENT WEATHER. WE ALSO RESERVE THE RIGHT TO CANCEL ANY EVENT DUE TO LACK OF ENROLLMENT.

REGISTRATION FOR CLASSES AVAILABLE ON-LINE, BY APPLICATION, OR BY PHONE

Player's Name _____ Date of Birth _____

Address _____ Parent(s) Name _____

City _____ State _____ Zip _____ Phone Number _____

Emergency Phone Number _____ Email Address _____

Class day & time _____ Total Payment \$ _____

Visa () Mastercard () Amex () Credit Card #: _____ Exp. Date _____

Make checks payable to and mail to: Frozen Ropes, 512 Warren Ave, Portland, ME 04103

Tel: 207-878-2600 Fax: 207-878-6100 www.frozenropes.com Email: portland@frozenropes.com

ALL PROGRAMS HAVE LIMITED ENROLLMENT, FULL PAYMENT IS EXPECTED AT REGISTRATION.