

F R O Z E N R O P E S

Fast Pitch

See why the best players and teams train at Frozen Ropes!

Memberships Include:

- Personalized video analysis of 8 hitting leverage points using the biomechanics program.
(player will receive USB Flash Drive)
- Individual testing through our National Strength and Skills Evaluation (Bat Speed, Throwing Speed, Visual Speed, Body Strength)
- Members will receive 5 (1/2) hour Hitting or Pitching Lessons
 - Members will receive 5 (1/2) hour Batting Cage or Multi-Use Tunnel Rentals
- Receive discounted pricing and priority scheduling throughout the year on all instructional programs, rentals and special events.

Total Cost: \$375.00



Membership, lessons and rentals will expire 1 year from purchase.
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