



# Never Too Young to Get in on the Action!

## Born To Play



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Baseball & Softball activity class that introduces 3 to 5 year olds to hitting, throwing and athletic movement.

- Hand-eye coordination
- Flexibility and stretching
- Agility and body control
- Throwing, catching, hitting and fielding skills

Four Week Session - \$80  
Tuesday 1:00PM - 2:00PM  
Saturday 9:00AM - 10:00AM

## Rookie Academy



## Rookie Academy

Prepares your Little Leaguer, ages 5 to 7 years, for a successful upcoming season. A fun, non-competitive and upbeat class format on the **Big Three** keys to success:

- Hitting
- Throwing
- Fielding

Exciting new drills and games to get your player ready for the next level.

Four Week Session - \$100  
Monday and Thursday 4:00PM - 5:00PM  
Wednesday 6:00 PM  
Saturday 9:00AM - 10:00AM

[www.frozenropes.com/sandiego](http://www.frozenropes.com/sandiego)

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### FROZEN ROPES IN THE NEWS

